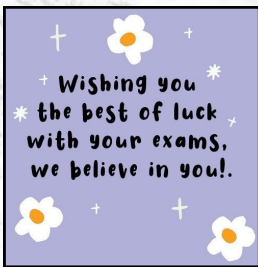


MAY WORKSHOP CALENDAR

Mon	Tue	Wed	Thu	Fri
	WE MAY ENCOUNTER MANY DEFEATS BUT WE MUST NOT BE DEFEATED <i>Maya Angelou</i>		1 BE KIND TO YOUR MIND	2 ¹Coping w/Stress Using Art: Painting 9:00 am—10:30 am In-Person SC, Suite 2000 
5 ¹Manage Academic and Life Stress 1:00 pm—2:00 pm Zoom 	6 ²Financial Literacy: Budget Basics 3:00 pm—4:00 pm In-Person SC, Suite 2000 	7 ¹Organization: Getting it Together 2:00 pm—3:00 pm Zoom 	8 ¹Procrastination: Now or Later? 12:00 pm—1:00 pm In-Person SC, Suite 2000 	9 
12 ¹Wellness: Find Balance and Build Resiliency 11:00 am—12:00 pm Zoom  <i>Final Exams</i>	13 ¹Graduate School Preparation 2:00 pm—3:00 pm In-Person SC, Suite 2000  <i>Final Exams</i>	14 ¹Resume Basics 10:30 am—11:30 am In-Person SC, Suite 2000  <i>Final Exams</i>	15  <i>Final Exams</i>	16 2nd Book Scholarship Deadline!! <i>Final Exams</i>

Legend for In-Person and Zoom Sessions

IN-PERSON 

ZOOM 

Workshop Registration

REGISTRATION REQUIRED—Non-TRIO workshops are subject to change.

¹TRIO SSS Skill Building Workshops: Registration Required: RSVP: [HERE](#)

²TRIO SSS Financial Literacy Session: Registration Required: RSVP: [HERE](#)



Online Workshop Evaluation

To receive credit for attending Skill-Building Workshops and Financial Literacy Sessions be sure to fill out a TRIO SSS Workshop Evaluation. You can pick up an evaluation form in the TRIO Office, or complete the online evaluation at: <https://forms.office.com/r/LBReKhGpSY>.