

FOR TRANSFER STUDENTS

PROGRAM OVERVIEW

The College of Liberal Arts and Sciences (CLAS) Individually Designed Major (IDMA) Integrated Health Studies option is designed for students who are interested in health from the perspective of the liberal arts and sciences and who seek interdisciplinary training focused around particular health topics. An interdisciplinary approach to health through the liberal arts and sciences seeks to create broadly-educated citizens who can apply critical thinking, information literacy, analysis, and independent problem solving to a wide variety of situations. Students can choose from a selection of health-focused minors and certificates that they combine with interdisciplinary clusters, which permits deeper understanding of a focused health topic. The track supports students seeking positions in health education and administration; community health; non-profit health organizations; environmental health; community organizing; social work; occupational health; health policy; gerontology, and more.

ACADEMIC ADVISING

The College of Liberal Arts and Sciences (CLAS) supports students to graduation using a shared advising system. CLAS students have two academic advisors with whom they should meet regularly to discuss academic and degree progress: a CLAS Academic Advisor and a major advisor.

For questions related to CU Denver Core Curriculum, CLAS, general graduation requirements, university/college academic policies, or campus resources contact:

CLAS Academic Advising

clas.advising@ucdenver.edu

Visit the CLAS Advising website [here](#)

North Classroom (NC) 1030

303-315-7100

For questions related to major requirements, major course prerequisites, or evaluation of transfer coursework in your major contact:

Individually Designed Major – Integrated Health Studies Advising

[CLAS Major Advisor Contact Information](#)

Visit the program website [here](#)

Student Commons Building (SCB) 3115

303-315-0451

For questions about admission requirements, transfer policies, applying, and the transfer process contact:

Office of Admissions

admissions@ucdenver.edu

Visit the Admissions website [here](#)

Student Commons Building (SCB) 1005

303-315-2601

GENERAL GRADUATION REQUIREMENTS & POLICIES

All CU Denver CLAS students are required to complete the following minimum general graduation requirements to be eligible to apply for graduation:

1. Complete a minimum of 120 credit hours
2. Achieve a minimum 2.0 CU cumulative grade point average (GPA)
3. Complete a minimum of 30 upper-division (3000- to 4000-level) credit hours
4. Complete all CU Denver Core, CLAS, and major requirements
5. Complete a minimum of 30 CLAS credit hours with letter grades at CU Denver

*The following are **maximum** credit hours that can apply toward the minimum 120 hours required for graduation:*

- 16 credit hours Pass/Fail
- 12 credit hours of Independent Study/Directed Research
- 12 credit hours of internship credit
- 8 credit hours of physical education credit

PROGRAM REQUIREMENTS & POLICIES

The following program requirements are based on degree requirements for the current Catalog year at CU Denver and are subject to change. Students are responsible for completing degree requirements based on the Catalog year for which they are admitted.

Students are responsible for meeting with the major advisor to confirm major requirements. In addition to completing all CU Denver Core and CLAS requirements, students completing the Individually Designed Major - Integrated Health Studies B.A. Degree are required to complete the following minimum program requirements:

1. Students must complete a minimum of 39 credit hours from the approved courses.
2. Students must complete a minimum of nine upper-division (3000-level and above) credit hours in the approved cluster area and must complete all of the upper-division requirements for the minor or certificate they choose to pair with the cluster.
3. Students must earn a minimum grade of C- (1.7) in all courses that apply to the major and must achieve a minimum cumulative major GPA of 2.0. Courses taken using P+/P/F or S/U grading cannot apply to major requirements.
4. Students must complete a minimum of 15 credit hours with CU Denver faculty from the approved cluster area and must complete all of the residency requirements for the minor or certificate they choose to pair with the cluster.
5. Students combine **one** of the identified CLAS minors or certificates with **one** of the topical clusters to make up their **major areas**. Students will earn the minor/certificate they use to form a cluster for their major, as long as they have completed all of the requirements for that program.
6. Students can double-count a maximum of one course across their areas (in addition to an introductory course).
7. Students must take courses from at least **two** different disciplines in their topical cluster.
8. Students are required to take **two** courses as an introduction to their major. If an introductory course is also part of a student's topical cluster, a student may count one introductory course as part of that area's credits. Note: Some courses in each cluster require prerequisites that must be met making them a 21 credit cluster. Please see course descriptions.

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COURSEWORK THAT CAN BE COMPLETED AT PREVIOUS INSTITUTION

The following is a “bucket” of requirements students can complete prior to transferring to CU Denver, including equivalent Colorado Community College System (CCCS) courses. To determine the equivalencies of courses to be completed at non-CU Denver institutions, students can visit <https://transferology.com/school/ucdenver>. It is critical students connect with a CU Denver academic advisor to ensure planned courses will transfer and apply to CU Denver degree requirements. All non-CU Denver coursework must be completed with a C- or better to be eligible for transfer.

Students interested in completing an Associate (A.A. or A.S.) Degree or a [Colorado Statewide Transfer Articulation Agreement or Degree with Designation \(DWD\)](#) must work with their community/junior college academic advisor to create an academic plan that accounts for all degree or transfer articulation agreement requirements. Colorado Community College Students may also explore the option to complete [Reverse Transfer](#) at CU Denver.

CU Denver Requirements	CU Denver Credits	CCCS Equivalent Courses & Notes	CCCS Credits
CU Denver Core Curriculum Requirements	34 - 40		
ENGL 1020 – Core Composition I	3	ENG 1021	
ENGL 2030 – Core Composition II	3	ENG 1022	
Mathematics	3 - 4	GT-MA1	
Arts	3	GT-AH	
Humanities	3	GT-AH or GT-HI	
Behavioral Sciences	3 - 4	GT-SS	
Social Sciences	3 - 4	GT-SS or GT-HI*	
Natural/Physical Science with lab	4 - 5	GT-SC1	
Natural/Physical Science without lab or Math	3 - 5	GT-SC2 or GT-MA1 (except the course used for Core Math) or GT-SC1	
International Perspectives	3	Additional GT-AH, HI, SS* (see note below)	
Cultural Diversity	3	To be completed at CU Denver. This requirement must be completed with an upper-division course and CCCS courses will not apply.	---
IDMA Major Courses	0	<i>Please consult a CU Denver CLAS Academic Advisor. Due to the individually designed nature of this program, students will choose and complete major courses at CU Denver based on approved CLAS minors, certificates, and topical clusters.</i>	
Minimum Applicable Transfer Credits Recommended:	60	<i>Students completing less than 60 applicable transfer credits will have additional credits to complete at CU Denver. Students are highly encouraged to explore and complete additional programs including certificates, minors, double-majors, and dual-degrees. Students needing general elective credits should consult a CU Denver CLAS Academic Advisor to plan for additional programs.</i>	

*The applicability of Guaranteed Transfer (GT Pathways) courses to specific CU Denver Core Curriculum requirements requires completion of a block of five courses: two GT-AH courses; one GT-HI course; one GT-SS course; and one additional GT-AH, GT-HI, or GT-SS course.

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SAMPLE PLAN – COURSEWORK TO BE COMPLETED AT CU DENVER

Based on successful completion of 60 applicable transfer credits and the complete “bucket” of requirements outlined above, students would have the following remaining to complete at CU Denver. At CU Denver, students must tailor this plan based on the evaluation of previously completed college coursework (e.g., AP, IB, CLEP, dual/concurrent enrollment, and transfer credit), course availability, individual preferences related to course load, summer term courses, part-time or full-time student status, or add-on programs such as certificates, minors, double-majors, or dual-degrees.

Year 3 - Fall	CRS
COMM 3500 or HEHM 3100 or PBHL 2001 ^C or SOCY 3440 ^{PE}	3
CLAS Minor or Certificate Course	3
Topical Cluster Course	3
CU Denver Core Cultural Diversity ^M	3
General Elective	3
Total Credit Hours	15

Year 4 - Fall	CRS
CLAS Minor or Certificate Upper-Division Course	3
Topical Cluster Upper-Division Course	3
Topical Cluster Upper-Division Course	3
General Elective	3
General Elective	3
Total Credit Hours	15

Year 3 - Spring	CRS
COMM 3500 or HEHM 3100 or PBHL 2001 ^C or SOCY 3440 ^{PE}	3
CLAS Minor or Certificate Course	3
CLAS Minor or Certificate Upper-Division Course	3
Topical Cluster Upper-Division Course	3
General Elective	3
Total Credit Hours	15

Year 4 - Spring	CRS
IDMA 4900 ^{PE}	3
CLAS Minor or Certificate Upper-Division Course	3
Topical Cluster Upper-Division Course	3
Upper-Division General Elective	3
General Elective	3
Total Credit Hours	15

^M Major Course Available ^C CU Denver Core Course ^{PE} Prerequisite Enforced ^{PR} Prerequisite Recommended