

MENTAL HEALTH & WELL-BEING RESOURCES



Denver

Student and Community Counseling Center

Mental Health Services and 10 Free Counseling Sessions Per Year for Enrolled Students

WHERE: Tivoli Student Union, Suite 454

PHONE: 303-315-7270

ucdenver.edu/counseling-center

Office of Case Management

Support for Student Well-Being, Safety, and Navigating University Processes

WHERE: Student Commons Building, Suite 2007

PHONE: 303-315-7306

ucdenver.edu/student/wellness/case-management

CU Denver Basic Needs

Food Assistance, Emergency Funding, and More

WHERE: Lola & Rob Salazar Student Wellness Center

PHONE: 303-315-9355

ucdenver.edu/wellness/services/basic-needs

Disability Resources & Services

Accommodations, Referrals, and Advocacy

WHERE: Student Commons Building, Suite 2116

PHONE: 303-315-3510

ucdenver.edu/offices/disability-resources-and-services

CU Denver Ombuds Office

Confidential Resource for University-Related Concerns

WHERE: Lawrence Street Center, Suite 1003

PHONE: 303-315-0046

ucdenver.edu/offices/ombudsoffice

Student Conduct & Community Standards

Address Community Impacts Through Educational and Restorative Practices

WHERE: Student Commons Building, Suite 2007

PHONE: 303-315-7311

<https://www.ucdenver.edu/student/wellness/student-conduct>

Phoenix Center at Auraria

Free and Confidential Support for Survivors of Interpersonal Violence

WHERE: Tivoli Student Union, Suite 227

PHONE: 303-315-7250

24/7 Confidential Helpline: 303-556-2255

thepca.org

Health Center at Auraria

On-Campus Health Services for Students and Employees

WHERE: Plaza Building, Suite 150

PHONE: 303-615-9999

healthcenter1.com

Psychology Clinic

Psychotherapy and Assessment Services

WHERE: North Classroom, Suite 4036

PHONE: 303-315-7080

clas.ucdenver.edu/psychologyclinic

24/7 Auraria Crisis Line

After-Hours Mental Health Support and Victim Assistance

PHONE: 303-615-9911 or text "Talk" to 38255

Colorado Crisis Services

24/7 Emotional Support

Call or text three easy numbers: 988

coloradocrisiservices.org

TELUS Health

24/7 Support for Mental Health and Well-Being

PHONE: 866-778-3389

[ucdenver.edu/counseling-center/services/](https://ucdenver.edu/counseling-center/services/TELUSHealthStudentSupport)

[TELUSHealthStudentSupport](https://ucdenver.edu/counseling-center/services/TELUSHealthStudentSupport)



Mental Health and Well-Being Initiative
UNIVERSITY OF COLORADO DENVER

Feedback or comments? Email
deanofstudents@ucdenver.edu

LEARN
MORE

